



The first Pubs Supporting People Day, raising funds for mental health, to be held March 27 this year

A new event on the Australian calendar will bring communities closer together, raise funds for research and solutions into mental health and bring awareness and assistance of mental health issues into pubs, celebrating Community Publicans who look out for those doing it tough.

The **Pubs Supporting People Day** Long Table Lunch will be held Saturday, March 27, 2021 with \$5 from every \$10 ticket going to support South Australian organisations Breakthrough Mental Health Research Foundation and the Just Listening Community, from HU.M.A.N.E clinic. A ticket will also score those attending the Day a free soft drink or orange juice.

It will involve pubs pushing tables together as patrons from communities across the country eat a communal lunch as one, in some cases going a way to healing the community divide caused by the many restrictive guidelines that came about due to the Corona Virus pandemic - which tested the mental health of many patrons.

Pubs Supporting People Day creator, Adelaide journalist and speaker Jonathan Hart, A.K.A. The Pub Whisperer, took inspiration for the day from his website greataussiepubs.com.au which he built following a trip around Australia in 2017.

“The website has video footage of some of the most iconic Australian pubs,” says Mr Hart.

“I realised that, post the pandemic, what constitutes a great Aussie pub is no longer just its novelty or its iconic factor, but the way it is inclusive and the way it opens its hearts and doors to everyone in the community, actively caring about people doing it tough, and wanting to assist them after the challenging year we've had.

“I think everyone in the hospitality industry and those who frequent hotels can agree its been a tough year. Many pubs have closed, many have brought in what can be perceived as restrictive guidelines – including being unable to drink standing up.

“Bringing the community closer together for an event like this is just what we need, I reckon, and the fact it is a bonding event, raising funds for mental health and its research and solutions and celebrating those inclusive publicans who care about their community makes it a really positive thing right now.”

A free Mental Health resource is also available for download from the site.

If you're a Publican who wants to be a part of the day or you're a member of the community who wants to nominate their local to take part in the Day then you can register your details on pubssupportingpeople.com.au and we'll be in touch.

Contact Jonathan Hart at thepubwhisperer@gmail.com or on 0447 128 148 for media inquiries or for more on the March 27, 2021 event and other information.

